

**UNION COUNTY DIVISION ON AGING
DEPARTMENT OF HUMAN SERVICES
Union County Administration Building
10 Elizabethtown Plaza, Elizabeth, NJ 07207**

"Congress hereby finds and declares that, in keeping with the traditional American concept of the inherent dignity of the individual in our democratic society, the older people of our Nation are entitled to, and it is the joint and several duties and responsibilities of the governments of the United States and of the several States and their political subdivisions to assist our older people to secure equal opportunity to the full and free enjoyment" of these objectives: "Freedom, independence, and free exercise of individual initiative in planning and managing their own lives and full participation in the planning and operation of community-based services and programs provided for their benefit."

- Older Americans Act of 1965, as Amended

The Union County Division on Aging has as its primary responsibility the planning and coordination of services for Older Adults age 60 and over.

**For Information on Services or Programs, Call Toll-Free: 888-280-8226
908-527-4870**

Fax #: 908-659-7410

www.ucnj.org/aging

**Para Mas Informacion Acerca De Los
Programas Hispanos Por Favor Llamar
Al: 908-527-4863**

The listing of any agency or service is purely informational and in no way indicates an endorsement, nor does the absence of any agency or service from this Directory signify disapproval. The Division on Aging does not discriminate against any individual because of race, creed, color, sex, age, national origin, sexual orientation, gender identity or marital status. No otherwise qualified disabled older adult shall, solely by reason of his or her disability, be excluded from the participation in, denied the benefit of, or be subjected to discrimination under any federally funded programs or activities administered by this division.

5/22 nz

RESOURCE DIRECTORY FOR OLDER ADULTS IN UNION COUNTY

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ARE YOU A SENIOR CITIZEN? DID YOU KNOW?

AT 55 YEARS OF AGE

- ◆ Senior Community Services Employment Program *
- ◆ Retired Senior Volunteer Program (RSVP)

AT 60 YEARS OF AGE

- ◆ Partial Social Security / Railroad Retirement Survivor Benefits for Widow(er)
 - ◆ Social Security Benefits retained by the remarrying widow(er)
 - ◆ Transportation Program
 - ◆ Nutrition Program (group meals and home delivered meals)
 - ◆ Public Guardian for Elderly Adults (609) 341-5555
- ◆ Free Assistance with preparation of federal / state income tax returns
 - ◆ Care Management

AT 62 YEARS OF AGE

- ◆ Reduced fares on all intrastate and most interstate trains and buses
 - ◆ Early Retirement Social Security Payments--80% of full benefits
- ◆ Partial exemption of Realty Transfer Fee for homeowners selling home (609) 292-1793
- ◆ Protection from condominium conversion (under certain conditions) * (800) 792-8820
 - ◆ NJ Clam & Oyster Digging License for small processing fee (609) 984-5546
 - ◆ Free passes to state parks, forests, and historic sites (800) 843-6420
- ◆ Golden Age Pass to national parks, forests, historic sites, recreation areas (888) 275-8747 option # 3
 - ◆ Senior Citizen federally subsidized housing *
 - ◆ Congregate housing services program *
- ◆ Rutgers University: low-cost and tuition-free courses (space permitting / for audit only)

AT 65 YEARS OF AGE

- ◆ Full Social Security (age 65 plus required months)
 - ◆ Full Railroad Retirement Benefits for retirees
 - ◆ Certain Federal Income Tax Benefits
- ◆ Reduced fee for certain types of hunting (firearm, bow & arrow) (609) 292-2965
 - ◆ Reduced fee for Fishing License (609) 292-2965
 - ◆ Medicare Coverage
- ◆ State Health Insurance Program for Seniors (S.H.I.P.) (908) 273-6999
 - ◆ Senior Dental Program (sponsored by NJ Dental Association) *
 - ◆ Pharmaceutical Assistance for the Aged and Disabled (PAAD) *
 - ◆ Senior Gold Prescription Discount Program *
 - ◆ Hearing Aid Assistance for the Aged and Disabled (HAAAD) *
 - ◆ Lifeline Utility Credit Program *
- ◆ Supplemental Security Income (SSI) to aid persons with low incomes *
- ◆ Wartime Veteran's Pension (under certain conditions) (888) 865-8387
 - ◆ Veteran's pension * (888) 865-8387
- ◆ No Social Security restrictions on amount of income received from employment
 - ◆ Certain tax relief programs

AT 70 YEARS OF AGE

- ◆ No fishing license required (Proof of age will function as fishing license)

* PROGRAMS WITH INCOME AND OTHER ELIGIBILITY REQUIREMENTS

STATEWIDE COUNTY OFFICES ON AGING

| | |
|------------|----------------------------------|
| Atlantic | 1-609-645-7700 Ext. 4700 |
| Bergen | 1-201-336-7400 |
| Burlington | 1-609-265-5069 |
| Camden | 1-856-858-3220 |
| Cape May | 1-609-886-2784 or -2785 |
| Cumberland | 1-856-453-2220 or -2201 |
| Essex | 1-973-395-8375 |
| Gloucester | 1-856-384-6900 |
| Hudson | 1-201-369-4313 or 867-0002 |
| Hunterdon | 1-908-788-1361 or -1362 or -1363 |
| Mercer | 1-609-989-6661 or -6662 |
| Middlesex | 1-732-745-3295 |
| Monmouth | 1-732-431-7450 |
| Morris | 1-973-285-6848 |
| Ocean | 1-732-929-2091 |
| Passaic | 1-973-569-4060 |
| Salem | 1-856-339-8622 |
| Somerset | 1-908-704-6346 |
| Sussex | 1-973-579-0555 |
| Union | 1-908-527-4870 888-280-8226 |
| Warren | 1-908-475-6591 |

FREQUENTLY CALLED NUMBERS

| | |
|--|--|
| Adult Protective Services (Catholic Charities) | 1-908-497-3902 |
| American Association of Retired Persons (AARP) - In New Jersey | 1-866-542-8165 |
| Consumer Affairs, Union County Division of | 1-908-654-9840 |
| Disabilities and Special Needs, Union County Office for | 1-908-527-4807 |
| Disaster Distress Helpline (DDH) | 1-800-985-5990 |
| | TTY 1-800-846-8517 |
| | Text Talk to 66746 |
| Eldercare Locator | 1-888-677-1116 |
| Federal Emergency Management Agency (FEMA) | 1-800-621-3362 |
| | TTY 1-800-462-7585 |
| Home Energy Assistance Program (HEAP a/k/a LIHEAP)PROCEED: | 1-908-351-7727 |
| Homeless Emergency Services: (For Homeless Individuals, Families, or Victims of Domestic Violence) | |
| Gateway Family YMCA | 1-908-355-9622 |
| YWCA of Eastern Union County | 1-908-3551995 |
| Medical Assistance Customer Center/Medicaid | 1-732-863-4400 |
| Medicare | 1-800-633-4227 |
| Nursing Home Information (S.A.F.E.) | 1-908-497-3950 |
| Office of the Public Guardian for Elderly Adults | 1-609-341-5555 |
| Ombudsman for the Institutionalized Elderly | 1-609-943-4023 |
| | ELDERLY ABUSE HOTLINE: 1-877-582-6995 |
| Parks and Recreation, Union County Division of | 1-908-527-4900 |
| Passport Information | Elizabeth: 1-908-527-4968 |
| | Westfield: 1-908-654-9859 |
| Psychiatric Emergency Services | CRISIS HOTLINE: 1-908-668-2599 |
| Red Cross Emergency Services | 1-800-733-2767 |
| Social Security Administration | 1-800-772-1213 |
| State Health Insurance Program (S.H.I.P.) | 1-908-273-6999 |
| NJ Department of Health | 1-800-367-6543 |
| Union County Paratransit System Reservations | 1-908-241-8300 |

ADULT DAY CENTERS

Social Day Care provides developmental, nutritional, and social activities under professional supervision. Medical Day Care adds prescribed therapies. Transportation is included as a part of the service. Adult Day Care encourages participants' independence and gives caregivers some free time.

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| CEDAR HARBOR ADULT MEDICAL DAY CENTER 545 E. First Avenue Roselle, NJ 07203 | 1-908-298-8588 |
| DAYBREAK ADULT MEDICAL DAY CARE 712 Newark Avenue Elizabeth, NJ 07208 | 1-908-353-3530 |
| FIVE-STAR ADULT DAY CARE (Medical) 1201 Deerfield Terrace Linden, NJ 07036 | 1-908-486-5750 |
| 2nd Home Adult Day Center (Medical) 550 No. Broad Street Elizabeth, NJ 07201 | 1-908-994-0050 |
| LEGACY CARE CLUB ADULT DAY CARE 130 Route 22 East North Plainfield, NJ 07060 | 1-908-540-0500 |
| SENIOR SPIRIT MEDICAL DAY CENTER 430 E. Westfield Avenue Roselle Park, NJ 07204 | 1-908-241-9393 |
| SAGE Eldercare (Medical / Social / Alzheimer's) * Spend-A-Day Adult Day Health Center 290 Broad Street Summit, NJ 07901 | 1-908-598-5520 1-908-273-5550 |
| TOWN SQUARE 1155 E. Jersey Street Elizabeth, NJ 07201-2310 | 1-908-787-0980 |

ADULT PROTECTIVE SERVICES

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| ADULT PROTECTIVE SERVICES Catholic Charities* 505 South Avenue, East Cranford, NJ 07016 | 1-908-497-3902 |
| CENTRAL JERSEY LEGAL SERVICES* 60 Prince Street Elizabeth, NJ 07208 | 1-908-354-4340 |
| COMMUNITY HEALTH LAW PROJECT (CHLP)* 65 Jefferson Avenue Elizabeth, NJ 07201 | 1-908-355-8282 |
| OFFICE OF THE PUBLIC GUARDIAN FOR ELDERLY ADULTS PO 812 Trenton, NJ 08625-0812 | 1-609-341-5555 |
| OMBUDSMAN OFFICE FOR THE INSTITUTIONALIZED ELDERLY P.O. Box 812 Trenton, NJ 08625-0807 | 1-609-943-4023 Elderly Abuse HOTLINE: 1-877-582-6995 |
| PSYCHIATRIC EMERGENCY SERVICES MOBILE OUTREACH - CRISIS (Medicare Certified and Medicaid Provider) | 1-908-994-7131 |
| VICTIM / WITNESS ASSISTANCE PROGRAM 32 Rahway Avenue, 1st Floor Elizabeth, NJ 07207 | 1-908-527-4596 |

ALCOHOLISM SERVICES

Counseling, support, and referral services for recovering alcoholics and their families; preventive education as an integral part of the service

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| ALCOHOL / HEROIN OUTPATIENT TREATMENT CENTER AT TRINITAS REGIONAL MEDICAL CENTER 655 East Jersey Street Elizabeth, NJ 07206 | 1-908-994-7043 |
| Division of Recreation - Plainfield 505 Watchung Avenue Plainfield, NJ 07060 (call for schedule) | 1-908-753-3082 |
| CHARTER BEHAVIORAL HEALTH SYSTEMS 19 Prospect Street Summit, NJ 07901 | 1-908-522-7000 |
| PREVENTION LINKS 121-125 Chestnut Street 3 rd floor Roselle, NJ 07203 | 1-732-381-4100 |
| PROCEED – Bilingual Services 1126 Dickinson Street Elizabeth, NJ 07201 | 1-908-351-7727 |

CANCER RESOURCES

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| BREAST CANCER RESOURCE CENTER YMCA @ Princeton 59 Paul Robeson Place Princeton, NJ 08540 | 1-609-497-2100 |
| CANCER CARE of NEW JERSEY 141 Dayton Street, Suite 204 Ridgewood, NJ 07450 | 1-800-813-4673 |
| CANCER SOCIETY, AMERICAN 507 Westminster Avenue Elizabeth, NJ 07208 | 1-800-227-2345 |

CONSUMER AFFAIRS

Assists in the enforcement of relevant state and federal laws and regulations designed to promote fair consumer practices in the marketplace.

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| CONSUMER AFFAIRS, UNION COUNTY DIVISION OF 300 North Avenue, East Westfield, NJ 07090 | 1-908-654-9840 |
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COUNSELING SERVICES

Individual, family, and group therapy counseling/psychotherapy for substance abuse and mental illness

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| ACADIA HOUSE Center for Hope Hospice 175 Glenside Avenue Scotch Plains, NJ 07076 (Bereavement & Grief Counseling Center - West) | 1-908-654-3711 |
| ATLANTIC BEHAVIORAL HEALTH Outpatient Therapy & Counseling 46-48 Beauvoir Avenue Summit, NJ 07901 Intensive Care and Psychological Counseling | 1-908-522-4800 |
| CATHOLIC CHARITIES* 505 South Avenue, East Cranford, NJ 07016 | 1-908-497-3900 Hispanic: 1-908-497-3950 |
| COUNSELING CENTERS FOR HUMAN DEVELOPMENT 201 Lincoln Avenue, East Cranford, NJ 07016 | 1-908-276-0590 |
| FAMILY AND CHILDREN'S SERVICES 40 North Avenue Elizabeth, NJ 07208 | 1-908-352-7474 |
| FAMILY RESOURCE CENTER OF TRINITAS HOSPITAL 300 North Avenue Cranford, NJ 07016 | 1-908-276-2244 |
| JEWISH FAMILY SERVICE of CENTRAL NEW JERSEY* 655 Westfield Avenue Elizabeth, NJ 07208 | 1-908-352-8375 |

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| MOUNT CARMEL GUILD - BEHAVIORAL HEALTH CLINIC 108 Alden Street Cranford, NJ 07016 | 1-908-497-3968 |
| PROCEED – Bilingual Counseling 1126 Dickinson Street Elizabeth, NJ 07201 | 1-908-351-7727 |
| PSYCHIATRIC EMERGENCY SERVICES MOBILE OUTREACH - CRISIS Medicare Certified and Medicaid Provider | 1-908-994-7131 |
| ROBERT WOOD JOHNSON UNIVERSITY HOSPITAL AT RAHWAY 865 Stone St. Rahway, NJ 07065 | 1-732-381-4200 |
| SENIOR ADULT FRAIL ELDERLY CENTER (SAFE) 505 South Avenue, East Cranford, NJ 07016 | 1-908-497-3950 |
| U.C.P.C. / PLAINFIELD (Behavioral Health Care) 117-119 Roosevelt Avenue Plainfield, NJ 07060 | 1-908-756-6870 |
| UNITED FAMILY AND CHILDREN'S SOCIETY 305 West 7 th Street Plainfield, NJ 07060 | 1-908-755-4848 |
| TRINITAS REGIONAL MEDICAL CENTER GEROPSYCHIATRIC SERVICES 655 E. Jersey Street Elizabeth, NJ 07201 Psychiatric out-patient follow up | 1-908-994-7336 |

DENTAL SERVICES

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| MIDDLESEX COUNTY DENTAL HYGIENE CLINIC 2600 Woodbridge Avenue Edison, NJ 08818 | 1-732-906-2536 |
| DENTAL CLINICS Overlook Hospital Plainfield Health Center | 1-908-522-2901 1-908-753-6401 |
| RUTGERS Dental Health Services Dental cleaning and examination for age 55+ for \$16.00 Scotch Plains, NJ 07076 | 1-908-889-2410 |
| DENTAL HOME SERVICES Dentistry at Home www.dentalhomeservices.com | 1-800-842-4663 |
| VISITING DENTAL ASSOCIATES Dentistry at Home | 1-201-670-0097 |

EDUCATION

Continued or renewed educational experiences for older adults who want to expand their horizons or develop new interests.

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| RHODES SCHOLAR (a Non-Profit Organization) 75 Federal Street Boston, Mass. 02110-1941 Provider of high quality, educational opportunities for older adults | 1-877-426-8056 |
| KEAN UNIVERSITY 1000 Morris Avenue Union, NJ 07083 Career Counseling Workshops / Continuing Education | 1-908-527-2210 |
| LIFE CENTER – 62+ Union County College Non-Credit Off-Campus Classes Throughout the County | 1-908-497-4360 |
| LITERACY NEW JERSEY 121-125 Chestnut Street Suite 203 Roselle, NJ 07203 | 1-908-486-1777 |
| LITERACY VOLUNTEERS OF UNION COUNTY Elizabeth Public Library 11 South Broad Street Elizabeth, NJ 07202 | 1-908-354-6060 ext. 214 |
| NEW JERSEY DIVISION OF VOCATIONAL REHABILITATION (DVR) 921 Elizabeth Avenue, 3 rd Fl. Elizabeth, NJ 07201 | 1-908-965-3940 |
| RUTGERS COOPERATIVE EXTENSION OF UNION COUNTY* 300 North Avenue, East Westfield, NJ 07090 | 1-908-654-9854 |
| UNION COUNTY SENIOR SCHOLARS - Union County College Continuing Education Free for Union County residents aged 60+ | 1-908-709-7600 |
| UNIVERSITY WITHOUT WALLS, DOROT Classes and support groups for caregivers and homebound elderly Website: www.dorotusa.org | 1-212-769-2850 |

ELDERCARE LOCATOR

To find information about community services for older people anywhere in the United States and its territories, go to:

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| ELDERCARE LOCATOR Website: www.eldercare.gov | 1-800-677-1116 |
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EMERGENCY MEDICAL IDENTIFICATION

Medical ID bracelets/necklaces

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| AMERICAN MEDICAL IDENTIFICATION | 1-800-363-5985 |
| MEDIC ALERT | 1-800-432-5378 |
| TOWNSHIP OF UNION SENIOR CENTER Emerg Alert” bracelet, for Union Township residents only 968 Bonnel Court Union, NJ 07083 | 1-908-851-5290 |

EMERGENCY RESPONSE SYSTEMS

These response systems provide individuals with 24-hour access to outside sources of help. For emergencies, dial 911.

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| GREGORIO CENTER Serves Linden residents only 330 Helen Street Linden, NJ 07036 | 1-908-474-8627 |
| LIFE LINE PROGRAM | 1-800-852-5433 |
| LIFESTATION | 1-800-446-3300 |
| PERSYS: Personal Emergency Response System | NJ: 1-800-492-4051 USA: 1-800-631-7370 |
| PROJECT LIFESAVER PROGRAM - Union Co. Sheriff's Office | 1-908-273-1608 |
| PHILLIPS LIFELINE | 1-800-579-3341 |
| WISE DAY CARE (PERSYS)* 2095B Berwyn Street Union, NJ 07083 | 1-908-687-2995 |

EMPLOYMENT SERVICES

Training and/or job placement opportunities for older adults seeking part or full time employment.

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| ASSOCIATION FOR RETARDED CITIZENS (ARC), UNION COUNTY 52 Fadem Road. Springfield, NJ 07081 | 1-973-315-0000 |
| DIVISION of VOCATIONAL REHABILITATION (DVR) 921 Elizabeth Avenue 3 rd fl Elizabeth, NJ 07201 Employment for People with Disabilities | 1-908-965-3940 |
| DIVISION of WORKFORCE DEVELOPMENT/American Job Centers Union County Department of Human Services 1 Elizabethtown Plaza, 4 th Floor Elizabeth, NJ 07207 | 1-908-527-4880 |
| EASTER SEALS SCSEP Program 65 Kennedy Blvd. Suite 600 East Brunswick, NJ 08816 | Elizabeth Office: 1-908-965-3962 |
| OLDER WORKERS BENEFIT PROTECTION c/o Equal Employment Opportunities Commission (EEOC) Washington DC | 1-202-663-4637 |
| ELIZABETH AMERICAN JOB CENTER Union County Department of Human Services - Eastern Division 921 Elizabeth Avenue Elizabeth, NJ 07201 | 1-908-558-8000 |
| PLAINFIELD AMERICAN JOB CENTER Union County Department of Human Services - Western Division 200 W. Second Street Plainfield, NJ 07060 | 1-908-757-9090 |
| PROFESSIONAL SERVICE GROUP of CENTRAL NJ E-MAIL info@psgcnj.biz | 1-908-445-5730 |

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| STATE EMPLOYMENT SERVICES OF NEW JERSEY Workforce of New Jersey 921 Elizabeth Avenue Elizabeth, NJ 07201 | 1-908-558-8000 |
| U.S. EQUAL EMPLOYMENT OPPORTUNITY COMMISSION 1 Newark Center, 21st Floor Newark, NJ 07102-5233 www.eeoc.gov | 1-800-669-4000 TDD: 1-800-669-6820 1-973-645-6383 Inquiries: 1-973-645-3004 |
| WORKFORCE 55+ SCSEP Program Department of Labor 200 W. Second Street Plainfield, NJ 07060 | 1-908-412-7969 |

FINANCIAL ASSISTANCE

Services and programs which help older citizens meet medical, pharmaceutical, food, rental, and utility expenses that are subject to income/age tests. Consumer protection, counseling, and tax preparation services are also available.

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| LOW INCOME HOME ENERGY ASSISTANCE PROGRAM (LIHEAP) Heat/Medically Necessary Cooling www.energyassistance.nj.gov | 1-908-351-7727 |
| JEWISH FAMILY SERVICES* 655 Westfield Avenue Elizabeth, NJ 07208 Volunteers help older adults with bill paying management | 1-908-352-8375 |
| LIFELINE PROGRAM – Help with Utility Bills P.O. Box 714 Trenton, NJ 08625-0714 | 1-800-792-9745 |
| MUNICIPAL WELFARE DEPARTMENTS | Contact Local Municipality |
| NEW JERSEY SHARES - Utility Assistance www.njshares.org | 1-866-657-4273 |
| AFFORDABLE HOUSING ALLIANCE PAGE PROGRAM – Utility Assistance www.njpoweron.com | 1-732-982-8710 |
| SENIOR GOLD P.O. Box 724 Trenton, NJ 08625-0724 | 1-800-792-9745 |
| SOCIAL SERVICES, UNION COUNTY DIV. OF 342 Westminister Avenue Elizabeth, NJ 07207 | (SNAP) 1-908-965-2700 (Adult Medicaid) 1-908-965-3745 |
| SOCIAL SERVICES, UNION COUNTY DIV. OF 200 West Second Street Plainfield, NJ 07060 | (SNAP) 1-908-791-7000 (Adult Medicaid) 1-908-791-7093 |
| URBAN LEAGUE 288 N. Broad Street Elizabeth, NJ 07208 | 1-908-351-7200 |
| VICTIMS of CRIME COMPENSATION BOARD 50 Park Place 6 th fl Newark, NJ 07102 | 1-800-242-0804 |

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| TAXATION, STATE DIVISION OF | Touch-Tone Phone: 1-800-323-4400 Rotary Dial Phone: 1-609-292-6400 |
| Jersey FAIR Homeowner Rebate Tax Application FAIR hotline available weekdays 8:30am–4:30 pm TAXATION – cont. Property Tax Reimbursement (Senior Freeze) weekdays 8:30 am-4:30 pm Website: www.state.nj.us/treasury/taxation | 1-877-658-2972 1-888-238-1233 1-800-882-6597 |
| NEW JERSEY DEPARTMENT of the TREASURY 124 Halsey Street Newark, NJ 07101 | 1-973-648-4700 |
| NEW JERSEY INTERITANCE TAX 124 Halsey Street Newark, NJ 07101 | 1-973-648-3486 |
| INTERNAL REVENUE SERVICE (IRS) 970 Broad Street Newark, NJ 07102 | 1-800-829-1040 |
| PROPERTY TAX REDUCTIONS – Contact Local Tax Assessor | |
| INCOME TAX ASSISTANCE | |
| Volunteer Income Tax Assistance Program (VITA) | 1-800-906-9887 |
| AARP Income Tax Assistance Program | 1-888-227-7669 |
| UNION COUNTY TAXATION BOARD – For questions on property taxes | 1-908-527-4775 |

GERIATRIC ASSESSMENT PROGRAMS

Evaluation, diagnosis, and treatment of Alzheimer's/dementia/mental health disorders.

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| ATLANTIC HEALTH SYSTEM 100 Madison Avenue Morristown, NJ 07960 | 1-973-971-7022 |
| COPSA INSTITUTE FOR ALZHEIMER'S DISEASE & RELATED DISORDERS RutgerS University Behavioral Health 671 Hoes Lane Piscataway, NJ 08854 | 1-800-969-5300 |
| CARE TO CAREGIVERS | 1-800-424-2494 |
| TRINITAS REGIONAL MEDICAL CENTER 655 E. Jersey Street Elizabeth, NJ 07206 | 1-908-994-7313 |

GRANDPARENT PROGRAMS

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| GRANDPARENT INFORMATION CENTER – AARP | 1-800-424-3410 |
| GRANDPARENTS RAISING GRANDCHILDREN Jewish Family Service of Central New Jersey* 655 Westfield Avenue Elizabeth, NJ 07208 | 1-908-352-8375 |

HEARING IMPAIRED SERVICES

Education, training, and support services for deaf and hearing-impaired older adults.

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| HEAR NOW (Help with hearing aides depending on income) | 1-800-648-4327 |
| HEARING AID ASSISTANCE to the AGED & DISABLED P.O. BOX 715 Trenton, NJ 08625-0715 | 1-800-792-9745 |
| HEARING CENTER 49 Brant Avenue Clark, NJ 07066 | 1-732-574-3550 |
| KEAN UNIVERSITY SPEECH & HEARING CLINIC 1000 Morris Avenue Union, NJ 07083 | 1-908-737-5800 |
| NEW JERSEY HEARING AID PROJECT Montclair State University 1515 Broad Street Bldg. B Bloomfield, NJ 07003 | 1-800-772-8339 |
| CATHOLIC CHARITIES ARCHDIOCESE OF NEWARK 171 Clifton Avenue Newark, NJ 08104-0500 | 1-973-497-4312 TTY: 1-973-497-4311 |
| NEW JERSEY DIVISION OF THE DEAF AND HARD OF HEARING | 1-609-984-7281 Voice and TTY: 1-800-792-8339 |

HOME CARE - CAREGIVER SERVICES

Skilled nursing, home health aide, and homemaker services ease the burden of extended home care, enabling older adults to maintain maximum independence in their home. Physician ordered physical therapy, occupational therapy, and speech therapy. Social work visits, nutrition counseling, and/or medical health counseling

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| ACE HOME HEALTHCARE, INC 930 Stuyvesant Avenue Union, NJ 07083 | 1-908-851-2700 |
| AMAZING GRACE NURSING CARE SERVICE 2165 Morris Avenue, Suite 1A Union, NJ 07083 | 1-908-206-9988 |
| ARTISAN HOMECARE 6 North Union Avenue, Suite 1 Cranford, NJ 07016 | 1-800-272-5484 |
| ASSISTING HANDS OF CENTRAL NJ 2025 Lincoln Highway, Suite 150 Edison, NJ 08817 | 732-243-9669 |
| BAYADA NURSES 324 Chestnut St. Union, NJ 07083 | 1-908-687-6363 |
| BrightStar Care 560 Springfield Ave., Suite G Westfield, NJ 07090 | 1-908-322-8200 |
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| COMFORT KEEPERS One Mountain Boulevard Warren, NJ 07059 | 1-732-369-3639 |
| COMFORCARE 1199 Route 22, East Mountainside, NJ 07092 | 1-908-408-5220 |
| COMPANION CARE LLC P.O. Box 6265 Hillsborough, NJ 08844 | 1-908-688-4423 |
| COMMUNITY ACCESS UNLIMITED* 80 W. Grand St. Elizabeth, NJ 07202 | 1-908-354-3040 |
| FULL CIRCLE HEALTH SERVICE 1460 Morris Avenue, Suite 2A & 2B Union, NJ 070083 | 1-908-624-1005 |
| GRACIOUS HOME CARE* 960 Koehl Avenue Union, 07083 | 1-908-206-1100 |
| GRISWOLD HOME CARE 540 E. Broad Street Westfield, NJ 07090 www.GriswoldHomeCare.com/unioncounty | 1-908-654-3400 |
| HELPING HANDS HOME CARE 77 Central Avenue Clark, NJ 07066 | 1-908-451-0715 |
| HOLY REDEEMER HOME CARE * 354 Union Avenue Elizabeth, NJ 07208 | Intake: 1-800-255-8986 1-908-352-5694 |
| HOME INSTEAD HOME CARE 66 Morris Avenue Springfield, NJ 07081 | 1-973-379-4910 |
| HOMEWELL CARE SERVICES 15 Dyatt Place Hackensack, NJ 07601 | 201-983-2587 |
| JEWISH FAMILY SERVICES of CENTRAL NEW JERSEY * 655 Westfield Avenue Elizabeth, NJ 07208 | 1-908-352-8375 |
| JFK at HOME 65 James Street Edison, NJ 08818 | 1-800-401-9212 |
| L&L STAFFING & HOME CARE SERVICES 1460 Vauxhall Road Suite 24 Union, NJ 07083 | 1-908-688-7772 |
| PREMIER HOME HEALTH SERVICES, INC. 1801 East 2 nd Street lower level Scotch Plains, NJ 07076 | 1-908-322-8883 |

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| RIGHT AT HOME 10 Fairmount Avenue Chatham, NJ 07928 | 1-973-701-9832 |
| SAGE ELDERCARE * 290 Broad Street Summit, NJ 07901 | 1-908-273-8400 |
| CARE FINDERS TOTAL CARE (formerly Secura Home Care) 1767 Morris Avenue Suite 209 Union, NJ 07083 | 1-908-810-5370 |
| UNION TOWNSHIP COMMUNITY ACTION ORGANIZATION * 2410 Springfield Avenue Vauxhall, NJ 07088 | 1-908-686-6150 |
| VISITING ANGELS 4485 Morris Ave Suite# 201 Springfield, NJ 07081 | 1-908-497-7016 |

HOSPICE PROGRAMS

Hospice provides a way of helping individuals in advanced stages of illness. It offers a team approach in meeting the physical, emotional, and spiritual needs of the patient and family. Whenever possible, the patient is cared for in the comfort of the home setting.

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| ATLANTIC HOME CARE & HOSPICE 465 South Street, Suite 1 Morristown, NJ 07960 | 1-973-379-8440 |
| CENTER FOR HOPE HOSPICE & PALLIATIVE CARE* 1900 Raritan Road Scotch Plains, NJ 07076 | 1-908-889-7780 |
| CENTER FOR HOPE HOSPICE (Hospice Assisted Living Facility) 111 Dehart Place Elizabeth, NJ 07202 | 1-908-353-6060 |
| HOMESIDE HOSPICE 67 Walnut Avenue Suite 205 Clark, NJ 07066 | 1-732-381-3444 |
| JFK HAVEN HOSPICE 65 James Street Edison, NJ 08818 | 1-732-321-7769 |
| PEGGY COLONEY'S HOUSE (Hospice Assisted Living Facility) Center for Hope Hospice 1900 Raritan Road Scotch Plains, NJ 07076 | 1-908-889-7780 |
| ROBERT WOOD JOHNSON UNIVERSITY HOSPITAL AT RAHWAY 865 Stone Street Rahway, NJ 07065 | 1-888-997-9584 |
| ASCEND HOSPICE 1600 St. Georges Avenue Suite 312 Rahway, NJ 07065 www.Ascendhospice.com | 1-908-931-9080 |

HOSPITALS

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| CHILDREN'S SPECIALIZED HOSPITAL 150 New Providence Road Mountainside, NJ 07092 | 1-908-233-3720 |
| OVERLOOK HOSPITAL 99 Beauvoir Avenue P.O. Box 220 Summit, NJ 07901-0220 | 1-908-522-2000 |
| ROBERT WOOD JOHNSON UNIVERSITY HOSPITAL AT RAHWAY 865 Stone Street Rahway, NJ 07065 | 1-732-381-4200 |
| TRINITAS REGIONAL MEDICAL CENTER (New Point Campus) 655 East Jersey Street Elizabeth, NJ 07206 | 1-908-994-8600 |

HOUSING INFORMATION

Homelessness, Emergency Services, Housing Authorities, 55+ Housing, Housing Units, Assisted Living & Residential Health Care Facilities, Shared Housing, Nursing Homes, Home Repairs. Subsidized senior housing is available in the communities listed. There are waiting lists for placement.

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| HOMELESS PREVENTION PLANNER OF UNION COUNTY | 1-908-527-4839 |
| EMERGENCY SERVICES: ELIZABETH COALITON (motel/hotel) Office: 118 Division Street Elizabeth, NJ 07201 | 1-908-353-4006 |
| SALVATION ARMY - ELIZABETH 1018 E. Grand Street Elizabeth, NJ 07201 | 1-908-352-7057 |

HOUSING AUTHORITIES

Congregate meals are served at units marked with (m)

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| ELIZABETH, HOUSING AUTHORITY OF 688 Maple Avenue, Elizabeth, NJ 07202 | 1-908-965-2400 |
| (5 Units) Farley Towers (m) 33 Cherry Street Ford Leonard Towers 69 Division Street Kennedy Arms Apartments 70 Westfield Ave O'Donnell-Dempsey (m) 632 Salem Avenue E'Port Commons 205 First Street | |
| LINDEN, HOUSING AUTHORITY OF (3 Units) Ann Ferguson Towers (m) 1601 Dill Avenue Murawski Towers 1551 Dill Avenue John T. Gregorio Towers 1425 Dill Avenue | 1-908-298-3820 |
| PLAINFIELD, HOUSING AUTHORITY OF (1 Unit) Richmond Towers (m) 510 East Front Street | 1-908-769-6335 |

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| RAHWAY, HOUSING AUTHORITY OF (3 Units) | Kennedy Apartments (m) Walter Schafferhauser Towers Clifford Case Memorial Apts. | 250 Grand Avenue, West 165 East Grand Avenue 337 West Milton Avenue | 1-732-388-3546 |
| SUMMIT, HOUSING AUTHORITY OF (1 Unit) | Senior Housing Unit | 12 Chestnut Ave. | 1-908-273-6413 |
| NJ DEPT. of COMMUNITY AFFAIRS – SECTION 8 PROGRAM 200 West 2 nd Street, Plainfield, NJ 07060 | | | 1-908-412-3700 |

55+ HOUSING FACILITIES IN UNION COUNTY

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| PARK TERRACE 805 School Street Rahway, NJ 07065 | www.bestrentnj.com | 1-877-231-1273 |
| ROSEGATE 555 E. Hazelwood Avenue Rahway, NJ 07065 | www.cis-hvrosegate.com | 1-732-396-4540 |
| WOODCREST @ CLARK 1245 Westfield Avenue Clark, NJ 07066 for subsidized | www.gardencommunities.com www.piazza-and-associates.com | 1-732-340-0069 1-609-786-1100 |
| Other sources/assistance: Low income housing www.lowincomehousing.us NJ Housing Resource & Mortgage www.njhousing.gov www.nj.gov/njhrc | | |

HOUSING UNITS

CRANFORD

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|---|-----------------------|
| Gill Apartments 40 Meeker Avenue | 1-908-272-9180 |
| Lincoln Apartments (m) 800 Lincoln Avenue, East | 1-908-931-0194 |

ELIZABETH

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| Alexian Manor 122 Seventh Street | 1-908-352-0080 |
| Elizabeth Towers 315 West Grand Street | 1-908-355-4500 |
| Heritage Village at Elizabeth 225 Second Street | 1-908-965-1160 |
| Immaculate Conception 59-63 Westfield Avenue | 1-908-289-1911 |
| Winfield Scott Tower 323 No. Broad Street | 1-201-332-9400 |

GARWOOD

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| VILLAGE AT GARWOOD 320 Second Avenue | 1-908-789-3330 |
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LINDEN

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|---|-----------------------|
| Morningstar Court 701 Cranford Avenue | 1-908-486-8200 |
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PLAINFIELD

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| Cedarbrook Park Apartments 1272 Park Avenue | 1-908-756-5656 |
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| Covenant Manor 623 E. Front Street | 1-908-791-9430 |
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| Plainfield Tower West 601 West 7 th Street | 1-908-668-1963 |
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RAHWAY

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| Golden Age Towers (m) 200-220 East Milton Avenue | 1-732-499-7950 |
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| Myers Senior Housing 1447 Esterbrook Avenue | 1-732-540-8748 |
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ROSELLE

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| Roselle Senior Citizen Housing – Pinewood Hall 250 West Second Avenue | 1-908-241-5414 |
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| ROSELLE SENIOR HOUSING 400 Grand Street | 1-908-289-9007 |
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SCOTCH PLAINS

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| Senior Citizen Housing 2002 Lake Avenue | 1-908-654-1313 |
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SPRINGFIELD

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|---|-----------------------|
| Springfield Senior Citizen Housing, Inc. 350 Independence Way | 1-973-467-1480 |
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UNION

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| Ehrhart Gardens (m) 100 Francis Court | 1-908-688-0565 |
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| Nora Gardens Senior Housing Corporation #3, 1775 Burnet Avenue | 1-908-686-9100 |
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| Schaefer Gardens (m) 35 W. Sumner Avenue | 1-908-964-9343 |
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WESTFIELD

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| First Westfield Senior Citizen Housing Corp. 1133 Boynton Avenue | 1-908-233-5898 |
| Second Westfield Senior Citizen Housing Corp. 1129 Boynton Avenue | 1-908-518-9586 |

ASSISTED LIVING AND RESIDENTIAL HEALTH CARE FACILITIES

Assisted Living Facilities provide coordinated supportive personal and health services.

Residential Health Care Facilities are for those who require very little or no medical supervision.

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| AMBER COURT OF ELIZABETH (Formerly Carteret Senior Living) 1155 E Jersey Street Elizabeth, NJ 07201 | 1-908-352-9200 |
| ATRIA IN CRANFORD 10 Jackson Drive Cranford, NJ 07016 | 1-908-709-4300 |
| BIRCHWOOD SQUARE 205 Birchwood Avenue Cranford, NJ 07016 | 1-908-272-6660 |
| BRIGHTON GARDENS 1350 Route 22 West Mountainside, NJ 07092 | 1-908-654-4460 |
| DELAIRE NURSING & CONVALESCENT CENTER 400 W. Stimpson Avenue Linden, NJ 07036 | 1-908-862-3399 |
| SPRING MEADOWS OF SUMMIT 41 Springfield Avenue Summit, NJ 07096 | 1-908-522-8852 |
| SUNRISE SENIOR LIVING OF WESTFIELD 240 Springfield Avenue Westfield, NJ 07090 | 1-908-317-3030 |
| THE WOODLANDS / GENESIS ELDERCARE 1400 Woodland Avenue Plainfield, NJ 07060 | 1-908-753-1113 |
| THE CHELSEA @ FANWOOD 295 South Avenue Fanwood, NJ 07023 | 1-908-654-5200 |

NURSING HOMES

| | |
|--|-----------------------|
| ABBOTT MANOR 810 Central Avenue Plainfield, NJ 07060 | 1-908-757-0696 |
| ALARIS HEALTH AT RIVERTON 1777 Lawrence Street Rahway, NJ 07065 | 1-732-499-7927 |

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| ASHBROOK CARE & REHABILITATION CENTER (Featuring Indian Service Unit) 1610 Raritan Road Scotch Plains, NJ 07076 | 1-908-889-5500 |
| BERKELEY MEADOWS CARE CENTER 311 Springfield Avenue Berkeley Heights, NJ 07922 | 1-908-464-9260 |
| AUTUMN LAKE HEALTH CARE @ BERKELEY HEIGHTS 35 Cottage Street Berkeley Heights, NJ 07922 | 1-908-464-0048 |
| BROTHER BONAVENTURE EXTENDED CARE CENTER 655 East Jersey Street Elizabeth, NJ 07206 | 1-908-994-7050 7051 |
| CLARK NURSING & REHABILITATION CENTER 1213 Westfield Avenue Clark, NJ 07066 | 1-732-396-7100 |
| CORNELL HALL NURSING & REHABILITATION CENTER 234 Chestnut Street Union, NJ 07083 | 1-908-687-7800 |
| CRANFORD PARK REHABILITATION & HEALTH CARE CENTER 600 Lincoln Park, East Cranford, NJ 07016 | 1-908-276-7100 |
| CRANFORD HEALTH AND EXTENDED CARE 205 Birchwood Avenue Cranford, NJ 07016 | 1-908-272-6660 |
| ARISTACARE @ DELAIRE 400 W. Stimpson Avenue Linden, NJ 07036 | 1-908-862-3399 |
| ELIZABETH NURSING HOME 1048 Grove Street Elizabeth, NJ 07202 | 1-908-354-0002 |
| ELMORA HILLS HEALTHCARE AND REHABILITATION CENTER 225 W. Jersey Street Elizabeth, NJ 07202 | 1-908-353-1220 |
| GENESIS ELDERCARE, WESTFIELD CENTER 1515 Lamberts Mill Road Westfield, NJ 07090 | 1-908-233-9700 |
| GENESIS ELDERCARE, THE WOODLANDS 1400 Woodlands Avenue Plainfield, NJ 07060 | 1-908-753-1113 |
| SPRING GROVE REHABILITATION & HEALTH CARE CENTER 144 Gales Drive New Providence, NJ 07974 | 1-908-464-8600 |
| HARTWYCK AT CEDARBROOK NURSING & CONVALESCENT CENTER 1340 Park Avenue Plainfield, NJ 07060 | 1-908-754-3100 |

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| HCR MANOR CARE 1180 Route 22 West Mountainside, NJ 07092 | 1-908-654-0020 |
| NEW JERSEY GERIATRIC CENTER OF WORKMEN'S CIRCLE 225 West Jersey Street Elizabeth, NJ 07202 | 1-908-353-1220 |
| NORWOOD TERRACE HEALTH CARE CENTER 40-44 Norwood Avenue Plainfield, NJ 07060 | 1-908-769-1400 |
| PLAZA NURSING AND CONVALESCENT CENTER 456 Rahway Avenue Elizabeth NJ 07202 | 1-908-354-1300 |
| RIVERTON NURSING & REHAB. CENTER 1777 Lawrence Street Rahway NJ 07065 | 1-732-499-7927 |
| RUNNELLS CENTER FOR REHABILITATION & HEALTH CARE 40 Watchung Way Berkeley Heights, NJ 07922 | 1-908-771-5700 |
| SOUTH MOUNTAIN HEALTH CARE & REHABILITATION CENTER 2385 Springfield Avenue Vauxhall, NJ 07088 | 1-908-688-3400 |

NURSING HOME REPORT CARD WEBSITE:

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| NURSING HOME COMPARE DATABASE: www.medicare.gov – click on Resource Locator |
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HOME REPAIRS

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| CRANFORD NEIGHBORHOOD IMPROVEMENT SENIOR HANDYMAN PROGRAM 29 South Avenue, West, 2 ND Fl. Cranford, NJ 07016 | 1-908-709-7294 |
| ELIZABETH HOME IMPROVEMENT PROGRAM 50 Winfield Scott Plaza - Room 109 Elizabeth, NJ 07201 | 1-908-352-8450 |
| MOUNTAINSIDE SENIOR CITIZEN HANDYMAN PROGRAM 1385 Route 22 East Mountainside, NJ 07092 | 1-908-232-4406 |
| PLAINFIELD COMPREHENSIVE HOUSING ASSISTANCE PROGRAM 515 Watchung Avenue Plainfield, NJ 07060 | 1-908-753-3377 |
| PLAINFIELD EMERGENCY HANDYMAN PROGRAM 515 Watchung Avenue Plainfield, NJ 07060 | 1-908-753-3229 |
| PROCEED, INC.* 1126 Dickinson Street Elizabeth, NJ 07201 | 1-908-351-7727 |

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| RAHWAY COMMUNITY DEVELOPMENT & HOUSING PROGRAM Main Street and East Milton Avenue Rahway, NJ 07065 | 1-732-827-2193 |
| ROSELLE PARK SENIOR HANDYMAN PROGRAM 314 Chestnut Street Roselle Park, NJ 07204 | 1-908-245-0666 |
| SAGE Eldercare Home Repair Service – Fee 290 Broad Street Summit, NJ 07901 | 1-908-598-5501 1-908-273-5550 |
| UNION TOWNSHIP COMMUNITY DEVELOPMENT 1976 Morris Avenue Union, NJ 07083 | 1-908-810-7071 |
| URBAN LEAGUE – Weatherization for Elizabeth Residents Only 288 N. Broad Street Elizabeth, NJ 07208 | 1-908-351-7200 |
| DEVELOPMENT DIRECTIONS 2 City Hall Plaza 2 nd fl. Rahway, NJ 07065 | 1-732-382-8100 |
| DOES NOT SERVE: Elizabeth, Linden, Rahway, Plainfield, Union, Winfield | |

LEGAL ASSISTANCE

Legal services are provided by or supervised by qualified attorneys to assist senior citizens with public entitlements, mental health problems, wills, disability litigation, and civil law problems.

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| BAR ASSOCIATION, AMERICAN | 1-732-249-5000 |
| BAR ASSOCIATION, UNION COUNTY | 1-908-354-5984 |
| Lawyer Referral Service (Call Mon. thru Thurs. between 10 am - 1 pm) | 1-908-353-4715 |
| CENTRAL JERSEY LEGAL SERVICES* | 1-908-354-4340 |
| 60 Prince Street Elizabeth, NJ 07208 | |
| COMMUNITY HEALTH LAW PROJECT* | 1-908-355-8282 |
| 65 Jefferson Avenue Elizabeth, NJ 07201 | |
| EQUAL EMPLOYMENT OPPORTUNITY COMMISSION (EEOC) | 1-973-645-6383 |
| PUBLIC DEFENDER, UNION COUNTY | 1-908 820-3070 |
| STATE DIVISION ON CIVIL RIGHTS | 1-973-648-2700 |
| Law and Public Safety | |
| SURROGATE, UNION COUNTY | 1-908-527-4280 |
| Union County Courthouse Elizabeth, NJ 07207 Help with wills, probates and adoptions | |
| VICTIMS OF CRIMES COMPENSATION BOARD | 1-800-242-0804 |
| 50 Park Pl., 6th Floor Newark, NJ 07102 | |

MEDICAL INSURANCE AND HEALTH CARE PROGRAMS

Health assistance programs which cover or help cover hospital, medical or home care costs.

Listed agencies should be contacted directly to determine eligibility.

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| DIVISION OF SOCIAL SERVICES, UNION COUNTY | | 1-908-965-2700 |
| 342 Westminster Avenue Elizabeth, NJ 07207 Serves: Elizabeth, Hillside, Kenilworth, Linden, Mountainside, New Providence, Roselle, Roselle Park, Springfield, Summit, Union, Vauxhall, and Winfield | | |
| DIVISION OF SOCIAL SERVICES, UNION COUNTY | | 1-908-791-7000 |
| 200 W. Second Street Plainfield, NJ 07060 Serves: Berkeley Heights, Clark, Cranford, Fanwood, Garwood, Rahway, Plainfield, Scotch Plains, and Westfield | | |
| (MLTSS) MEDICAID MANAGED LONG TERM SERVICES & SUPPORTS | Eastern Union Co. | 1-908-965-3745 |
| | Western Union Co. | 1-908-791-7093 |
| MEDICAID DISTRICT OFFICE | | 1-732-863-4400 |
| 45 Kilmer Road Edison, NJ 08817 | | |
| MEDICARE / SOCIAL SECURITY OFFICE | | 1-800-772-1213 |
| 855 Lehigh Avenue Union, NJ 07083 | | |
| MEDICARE TOLL-FREE NUMBER | | 1-800-633-4227 |
| MEDICARE FRAUD | | 1-800-638-6833 |
| NEW JERSEY CARE (Special Medicaid Program) | Main #: | 1-908-965-3509 |
| 342 Westminster Avenue Elizabeth, NJ 07208 | | |
| SAGE Eldercare | | 1-908-273-6999 |
| Senior Health Insurance Assistance Program of Union County (SHIP) 290 Broad Street Summit, NJ 07901 | | |

NUTRITION PROGRAM FOR SENIORS

This section lists congregate (group) nutrition sites which serve a hot meal daily to county residents 60 years of age and older. Voluntary donations are suggested, and are used to expand the program. Call at least one day in advance (before noon) to make a reservation.

Note: Lunch is the meal that will be served, unless otherwise indicated.

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| ANN J. FERGUSON TOWERS | 1-908-298-3820 |
| 1601 Dill Avenue Linden, NJ 07036 | |
| CASANO COMMUNITY CENTER | 1-908-245-9150 |
| 314 Chestnut Street Roselle Park, NJ 07204 | |
| CRANFORD-LINCOLN SENIOR APTS. | 1-908-931-0194 |
| 800 Lincoln Avenue, East Cranford, NJ 07016 | |

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| EHRHART GARDENS 100 Francis Court Union, N.J. 07083 | 1-908-688-0565 |
| FARLEY TOWERS 33 Cherry Street Elizabeth, NJ 07202 | 1-908-965-2454 |
| GREGORIO CENTER 330 Helen Street Linden, NJ 07036 | 1-908-474-8629 |
| HILLSIDE SENIOR CITIZEN CENTER 265 Hollywood Avenue Hillside, NJ 07205 | 1-908-355-8928 |
| JAMES F. BUCKLE CENTER 25 Roosevelt Drive Winfield, NJ 07036 | 1-908-925-2014 |
| JEWISH COMMUNITY CENTER (Kosher Site) 1391 Martine Avenue, South Scotch Plains, NJ 07076 | 1-908-889-8800 |
| JFK SENIOR APTS. 250 West Grand Avenue Rahway, NJ 07065 | 1-732-382-4188 |
| KENILWORTH SENIOR CENTER 526 Boulevard Kenilworth, NJ 07033 | 1-908-272-7743 |
| LIBERTY SQUARE SENIOR CENTER 240 Elizabeth Avenue Elizabeth, NJ 07206 | 1-908-820-4700 |
| O'DONNELL-DEMPSEY SENIOR CENTER 622 Salem Avenue Elizabeth, NJ 07208 | 1-908-354-7431 |
| PETERSTOWN COMMUNITY CENTER 408 Palmer Street @ 4th Avenue Elizabeth, NJ 07202 | 1-908-289-5324 |
| PLAINFIELD SENIOR SERVICES 400 East Front Street Plainfield, NJ 07060 | 1-908-753-3506 |
| RICHMOND TOWERS 510 East Front Stret Plainfield, NJ 07062 | 1-908-769-6335 ext. 608 |
| ROSELLE COMMUNITY CENTER 1268 Shaffer Avenue Roselle, NJ 07203 | 1-908-245-6717 |
| SCHAEFER GARDENS 35 Sumner Avenue Union, NJ 07083 | 1-908-964-9343 |
| | 1-908-322-5151 |

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| SHADY REST AT SCOTCH HILLS – (Tuesday Only) 820 Jerusalem Rd. Scotch Plains, NJ 07076 | |
| STEPHEN SAMPSON SENIOR CENTER 800 Anna Street Elizabeth, NJ 07201 | 1-908-820-4707 |
| UNION SENIOR CENTER – 652 Rahway Ave. Union, NJ 07083 | 1-908-851-5293 |
| WESTFIELD COMMUNITY CENTER ASSN. 558 West Broad Street Westfield, NJ 07090 | 1-908-232-4759 |
| YM-YWHA - A Jewish Community Center (Kosher Site) 501 Green Lane Union, NJ 07083 | 1-908-289-8112 |

HOME DELIVERED MEALS

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| MEALS ON WHEELS OF UNION COUNTY* 1025 Pennsylvania Avenue Linden, NJ 07036 Serves all of Union County – Donations accepted | 1-908-486-5100 |
| SAGE ELDERCARE Meals on Wheels 290 Broad Street Summit, NJ 07901 Serves Western Union County - Donations accepted | 1-908-273-5554 1-908-273-5550 |
| MOBILE MEALS OF WESTFIELD, INC. Serves Clark, Cranford, Fanwood, Garwood, Mountainside east of Route 22, Scotch Plains, and Westfield | 1-908-233-6146 |
| Jewish Family Service- Home Delivered Kosher Meals - Donations accepted | 1-908-352-8374 |

FOOD SHOPPING SERVICES

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| CATHOLIC CHARITIES Senior Food Shopping Program 505 South Avenue, East Cranford, NJ 07016 Bi-weekly / Eastern Union County only | 1-908-497-3950 |
| SAGE ELDERCARE GROCERY SHOPPING & ERRAND SERVICE 290 Broad Street Summit, NJ 07901 www.sageeldercare.org Serves Berkeley Heights, New Providence, Springfield and Summit | 1-908-273-5554 1-908-273-5550 |

HEALTH RELATED SERVICES

Specialized agencies that provide information, support, counseling, and referrals

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| ALZHEIMER'S DISEASE & RELATED DISORDERS COPSA | 1-800-424-2494 |
| RUTGERS UNIVERSITY BEHAVIORAL HEALTH 100 Metroplex Edison, NJ 08818 | |
| AMERICAN HEART ASSOCIATION | 1-718-568-4500 |
| 900 South Avenue Staten Island, NY | |
| AMERICAN LUNG ASSOCIATION | 1-908-685-8040 |
| 1031 US #22 Bridgewater, NJ | |
| ARTHRITIS FOUNDATION | 1-732-283-4300 |
| 555 Route 1, South Suite 220 Iselin, NJ 08830 | |
| DISABILITY RIGHTS of NEW JERSEY | 1-800-922-7233 |
| 210 S. Broad Street 3 rd fl Trenton, NJ 08608 | TTY: 1-609-633-7106 |
| KEAN UNIVERSITY SPEECH AND HEARING CLINIC | 1-908-737-5800 |
| 1000 Morris Avenue Union, NJ 07083 | |
| MEDICAL SOCIETY, UNION COUNTY | 1-908-789-8603 |
| 1164 Springfield Avenue Mountainside, NJ 07092 | |
| NEIGHBORHOOD HEALTH CENTER PLAINFIELD | 1-908-753-6401 |
| 1700-58 Myrtle Ave Plainfield, NJ 07063 | |
| NEIGHBORHOOD HEALTH CENTER ELIZABETH | |
| 155 First Street Elizabeth, NJ 07206 | 1-908-355-4459 |
| PROUD Family Health Center for LGBT | 1-855-776-8334 |
| 110 Rehill Ave. Somerville, NJ 08876 | |
| SELF-HELP GROUP CLEARING HOUSE, N.J. | 1-800-367-6274 |
| 100 E. Hanover Avenue, Suite 202 Cedar Knolls, NJ 07927 A list of over 4,000 self-help groups in New Jersey | |
| UNION COUNTY OFFICE for the Persons with Disabilities and Special Needs | 1-908-527-4807 |
| Administration Building 4 th fl Elizabeth, NJ 07207 | |

SENIOR CITIZEN CENTERS

Local social centers that help seniors remain participating members in their communities. Participation in planned activities encourages personal growth and general well-being.

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| CASANO COMMUNITY CENTER 314 Chestnut Street Roselle Park, NJ 07204 | 1-908-245-9150 |
| CLARK RECREATION CENTER 430 Westfield Avenue Clark, NJ 07066 | 1-732-382-7134 |
| CRANFORD COMMUNITY CENTER Recreation & Parks Dept. 220 Walnut Avenue Cranford, NJ 07016-2931 | 1-908-709-7283 |
| ELIZABETH, CITY OF – OFFICE ON AGING 50 Winfield Scott Plaza, Room G8 Elizabeth, NJ 07201 | 1-908-820-4044 |
| ELIZABETHPORT PRESBYTERIAN CENTER* 184 First Street Elizabeth, NJ 07206 | 1-908-351-4850 |
| FANWOOD SENIORS Borough Hall 75 Martine Avenue Fanwood, NJ 07023-1319 | By mail |
| GARWOOD SENIOR PROGRAM Municipal Bldg 403 South Avenue Garwood, NJ 07027 | 1-908-789-0738 |
| GREGORIO CENTER 330 Helen Street Linden, NJ 07036 | 1-908-474-8627 |
| HILLSIDE SENIOR CITIZEN CENTER 265 Hollywood Avenue Hillside, NJ 07205 | 1-908-355-8928 |
| JAMES F. BUCKLE CENTER 25 ¹ / ₂ Roosevelt Drive Winfield, NJ 07036 | 1-908-925-2014 |
| JEWISH COMMUNITY CENTER* 1391 Martine Avenue, South Scotch Plains, NJ 07076 | 1-908-889-8800 |
| KENILWORTH SENIOR CENTER 526 Boulevard Kenilworth, NJ 07033 | 1-908-272-7743 |
| LIBERTY SQUARE SENIOR CENTER 240 Elizabeth Ave. Elizabeth, NJ 07206 | 1-908-820-4700 |
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| MOUNTAINSIDE SENIORS PROGRAM Borough Hall, Rt. 22 Mountainside, NJ 07092 | 1-908-232-4406 |
| NEW PROVIDENCE SENIOR CENTER 15 East 4th Street New Providence, NJ 07974 | 1-908-665-0046 |
| O'DONNELL-DEMPSEY SENIOR CENTER 622 Salem Avenue Elizabeth, NJ 07208 | 1-908-354-7431 |
| PETERSTOWN COMMUNITY CENTER 408 Palmer Street @ 4th Avenue Elizabeth, NJ 07202 | 1-908-289-5324 |
| PLAINFIELD SENIOR SERVICES PROGRAM* 400 East Front Street Plainfield, NJ 07060 | 1-908-753-3506 |
| RAHWAY SENIOR CITIZEN CENTER 1306 Esterbrook Avenue Rahway, NJ 07065 | 1-732-827-2016 |
| ROSELLE COMMUNITY CENTER 1268 Shaffer Avenue Roselle, NJ 07203 | 1-908-245-6717 |
| SPRINGFIELD CHISHOLM COMMUNITY CENTER 100 So. Springfield Avenue Springfield, NJ 07081 | 1-973-912-2227 |
| SCOTCH PLAINS RECREATION DEPARTMENT 430 Park Avenue Scotch Plains, NJ 07076 | 1-908-322-6700 ext. 222 |
| STEVEN SAMPSON SENIOR CITIZEN CENTER 800 Anna Street Elizabeth, NJ 07201 | 1-908-820-4704 |
| UNION TOWNSHIP SENIOR CENTER 968 Bonnel Court Union, NJ 07083 | 1-908-851-5290 |
| WESTFIELD COMMUNITY CENTER ASSOCIATION* 558 West Broad Street Westfield, NJ 07090 | 1-908-232-4759 |
| YM-YWHA (Jewish Community Center)* 501 Green Lane Union, NJ 07083 | 1-908-289-8112 |

SENIOR CITIZENS ADVOCACY

These organizations promote the independence and well-being of older adults through private and public advocacy geared to meeting present and emerging needs.

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| AMERICAN ASSOCIATION of RETIRED PEOPLE (AARP) Forrestal Village 132 Main Street Princeton, NJ 08540 | 1-866-542-8165 |
| ARC of UNION COUNTY 52 Fadem Road Springfield, NJ 07081 | 1-973-315-0000 |
| COMMUNITY ACCESS UNLIMITED 80 W. Grand Street Elizabeth, NJ 07202 | 1-908-354-3040 |
| NJ STATE DEPARTMENT OF HEALTH PO Box 367 Trenton, NJ 08626 License for residential, assisted living, adult day care, and long term care | 1-609-633-9034 1-800-367-6543 |
| OMBUDSMAN for the INSTITUTIONALIZED ELDERLY CN 807 Trenton, NJ 08625 Investigates complaints regarding treatment of nursing home residents | 1-609-943-4026 Elderly Abuse Hotline: 1-877-582-6995 |
| PROCEED – Bilingual Services* 1126 Dickinson Street Elizabeth, NJ 07201 info@proceedinc.com | 1-908-351-7727 |
| RAHWAY COMMUNITY ACTION ORGANIZATION 796 E. Hazelwood Avenue Rahway, NJ 07065 | 1-732-382-9311 |
| SENIOR ADULT FRAIL ELDERLY (SAFE) 505 South Avenue, East Cranford, NJ 07016 Information and Assistance | 1-908-497-3950 |
| UNION COUNTY OFFICE for the Persons with Disabilities and Special Needs 10 Elizabethtown Plaza 4 th fl Elizabeth, NJ 07207 | 1-908-527-4807 |
| URBAN LEAGUE 288 N. Broad Street 2 nd fl Elizabeth, NJ 07208 | 1-908-351-7200 |

SUPPORT GROUP INFORMATION for CAREGIVERS

Support groups meet on a regular basis to assist each other in dealing with the stress often associated with caring for others and dealing with illnesses. Support groups meet regularly throughout Union County. For information on a support group near you, call the Union County ADRC or the Self-Help Clearinghouse at 1-800-367-6274.

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| ALZHEIMER'S ASSOCIATION CAREGIVER SUPPORT GROUP 290 Broad Street Summit, NJ 07901 | 1-908-273-5550 |
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| ALZHEIMER'S SUPPORT GROUP @ BRIGHTON GARDENS 1350 Route 22, West Mountainside, NJ 07092 | 1-908-654-4460 |
| ALZHEIMER'S SUPPORT GROUP @ CRANFORD 800 Lincoln Avenue, East Cranford, NJ 07016 | 1-973-586-4300 |
| ALZHEIMER'S SUPPORT GROUP @ JEWISH FAMILY SERVICES 655 Westfield Avenue Elizabeth, NJ 07208 | 1-908-352-8375 |
| ALZHEIMER'S SUPPORT GROUP @ OVERLOOK HOSPITAL 99 Beauvoir Avenue Summit, NJ 07901 | 1-973-586-4300 |
| PEOPLE RESPONSIBLE for ELDERLY PEOPLE Caregiver Support Group 290 Broad Street Summit, NJ 07901 | 1-908-273-5550 |
| SELF-HELP CLEARINGHOUSE Statewide Support Group Listing | 1-800-367-6274 |
| WISE ADULT DAY SERVICES Alzheimer's and Bereavement Support Groups 973A Stuyvesant Avenue Union, NJ 07083 | 1-908-687-2995 |
| IMAGINE – A CENTER for COPING with LOSS Parents who have lost children/Children and young adults 1 Broad Street, East Westfield, NJ 07090 | 1-908-264-3100 |

TELEPHONE REASSURANCE

Volunteers make pre-arranged daily telephone calls to homebound older persons.

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| CATHOLIC CHARITIES 505 South Avenue, East Cranford, NJ 07016 | 1-908-497-3950 |
| CONTACT CARING & CRISIS P.O. Box 2376 Westfield, NJ 07090 | 1-908-232-2880 |
| SAGE ELDERCARE 290 Broad Street Summit, NJ 07901 | 1-908-273-5554 1-908-273-5550 |

TRANSPORTATION SERVICES

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|---|-------------------|-----------------------|
| UNION COUNTY PARATRANSIT SYSTEM* Serves all of Union County. Specialized transportation for people age 60+ or disabled. <u>Reservations must be made in advance.</u> There is a \$6.00 roundtrip charge; waivers are available for low income riders. | For reservations: | 1-908-241-8300 |
| New Jersey Transit Access Link | | 1-800-955-2321 |
| NJ Transit Reduced Fare for seniors; information about trains and buses. | | 1-973-491-7112 |
| Ryde4Life Program www.RydeforLife.org | | 1-866-208-1304 |

ESCORTED TRANSPORTATION

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| JEWISH FAMILY SERVICES* 655 Westfield Avenue Elizabeth, NJ 07208 Volunteers assist frail elderly with transportation | | 1-908-352-8375 |
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SENIOR CITIZENS BUSES

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| Berkeley Heights | | 1-732-558-3912 |
| Clark | | 1-732-388-3600 |
| Cranford | | 1-908-709-7283 |
| Elizabeth | | 1-908-820-4044 |
| Garwood | | 1-908-789-0710 |
| Hillside | | 1-908-355-6475 |
| Linden | | 1-908-474-8600 |
| Mountainside | | 1-908-232-2400 |
| New Providence | | 1-908-665-0046 |
| Plainfield (Senior Citizen Service Center) | | 1-908-753-3506 |
| Rahway | | 1-732-499-7930 1-732-499-7940 |
| Roselle | | 1-908-245-5600 |
| Roselle Park | | 1-908-245-0666 |
| Scotch Plains | | 1-908-322-6700 |
| Springfield | | 1-973-912-2227 |
| Summit | | 1-908-277-9419 |
| Union | | 1-908-686-7887 |
| Westfield Recreation Senior Transportation | | 1-908-301-1287 |
| Winfield Park | | 1-908-925-3850 |
| NEW JERSEY MOTOR VEHICLE COMMISSION | For Information: | 1-888-486-3339 |
| | Inspection Center: | 1-888-656-6867 |
| TO OBTAIN AUTOMOBILE PLACARDS & LICENSE PLATES FOR THE DISABLED | Call 24 hours a day for applications. | 1-609-292-6500 |
| | Toll-free in NJ only: | 1-888-486-3339 |

VETERANS AFFAIRS

Assistance for veterans provided through federal, state, and county offices.

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| NEW JERSEY DEPARTMENT OF MILITARY & VETERAN AFFAIRS CN 340 101 Eggert Crossing Road Lawrenceville, NJ 08625 | 1-888-865-8387 1-609-530-6892 |
| UNION COUNTY OFFICE OF VETERANS AFFAIRS County Administration Building Elizabeth, NJ 07207 | 1-908-527-4719 |
| U.S. VETERANS ADMINISTRATION 20 Washington Place Newark, NJ 07102 www.va.gov When you call, have VA File Number/Social Security Number available | 1-800-827-1000 |

VISION IMPAIRED SERVICES

Education, training, and support services for the blind and visually impaired

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| AMERICAN RED CROSS Eastern Union County Braille Instruction 203 W. Jersey Street Elizabeth, NJ 07202 | 1-908-353-2500 |
| CATHOLIC CHARITIES Support Program & Vision Impaired Services 505 South Avenue, East Cranford, NJ 07016 | 1-908-497-3950 |
| EYE CARE AMERICA (eyecareamerica.org) | 1-877-887-6327 1-800-222-3937 |
| NEIGHBORHOOD HEALTH CENTER | Elizabeth: 1-908-355-4459 Plainfield: 1-908-753-6401 Ext. 1999 |
| NEW JERSEY FOUNDATION FOR THE BLIND 230 Diamond Spring Road Denville, NJ 07834 (<i>Audio tapes; home visits</i>) | 1-973-627-0055 |
| NEW EYES FOR THE NEEDY, INC. 549 Millburn Avenue Short Hills, NJ 07078 | 1-973-376-4903 |
| NJ STATE LIBRARY TALKING BOOK & BRAILLE CENTER 2300 Stuyvesant Avenue Trenton, NJ 08618 | 1-800-792-8322 |
| NJ STATE COMMISSION FOR BLIND/VISUALLY IMPAIRED Central Jersey Office: 153 Halsey Street, Newark, NJ 07102 | 1-973-648-2111 |
| PREVENT BLINDNESS AMERICA | 1-800-331-2020 |
| VA MEDICAL CENTER Services for the visually impaired | 1-973-676-1000 ext. 1842 |

VISITING PODIATRISTS and PHYSICIANS

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| Innovative Foot & Ankle www.innovativefootandankle.com | 1-908-276-6624 |
| Home Foot Care Services www.homefootcareservices.com | 1-877-417-3668 |
| VISITING PHYSICIANS | 1-888-771-3338 |
| 23 Main Street Suite D1 Holmdel, NJ 07733 Serves Union, Monmouth, Ocean, Middlesex, Hudson, Essex & Somerset | 1-732-571-1000 |

VOLUNTEER OPPORTUNITIES

Opportunities for retired older adults aged 60+ to share some of their time, skills, and talents in meaningful ways. Retired volunteers help others and stay involved in community life.

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| FISH CHAPTER P.O. Box 2822 Plainfield, NJ 07062 | 1-908-755-8888 |
| RETIRED SENIOR VOLUNTEER PROGRAM (RSVP) Jewish Family Service 655 Westfield Avenue Elizabeth, NJ 07208 | 1-908-352-8375 |
| SAGE ELDERCARE Volunteer Program 290 Broad Street Summit, NJ 07901 | 1-908-273-5554 1-908-273-5550 |
| SENIOR FOOD SHOPPING PROGRAM Catholic Charities 505 South Avenue, East Cranford, NJ 07016 | 1-908-497-3950 |
| TELEPHONE REASSURANCE Catholic Charities* 505 South Avenue East Cranford, NJ 07016 | 1-908-497-3950 |
| VOLUNTEER CENTER @ UNITED WAY OF GREATER UNION COUNTY 33 W. Grand Street Elizabeth, NJ, 07202 | 1-908-353-7171 |

*Agency currently receives funding from the Union County Division on Aging.